

†
MORRAOCONTO

MIGUEL GENDRE

LIDIA VEIGA

TRO- MSØ

LARA POUSO

DIRECCIÓN

RAFA MARTÍNEZ
ESTHER LATORRE

MÚSICA EN DIRECTO

JULIA AMMERMAN
LUCÍA IGLESIAS

ILUMINACIÓN

JOSÉ FARO "COTI"





“
The cure for everything is
always salt water: sweat,
tears, the sea.
-Karen Blixen

ARTISTIC CREDITS

DIRECTION, TEXT AND DRAMATURGY__ Rafa Martínez

CHOREOGRAPHIC AND MOVEMENT DIRECTION__ Esther Latorre

CAST__ Miguel Gendre, Lara Pouso, Lidia Veiga

LIVE MUSIC__ Julia Ammerman, Lucía Iglesias

ASSISTANT DIRECTOR__ Clara Martín

COSTUME DESIGN__ MORRAOCONTO, Ana Gesto

STAGE DESIGN__ MORRAOCONTO, José Faro “Coti”

LIGHTING DESIGN__ José Faro “Coti”

VOICE-OVER__ Lidia Veiga

MASKS__ Rafa Rey Domech

ANIMATIONS, GRAPHIC DESIGN AND VISUALS__ Rafa Martínez

CAMERA AND COLOR CORRECTION__ Román Sanín

PRODUCED BY__ MORRAOCONTO, Xunta de Galicia

COLLABORATION__ Concello de Ames, Concello de Santiago, Concello de Vimianzo, Concello de Arzúa, Deputación da Coruña, CEMMA Cetáceos.

ACKNOWLEDGEMENTS__ Alfredo López (CEMMA Cetáceos), Roberto Salgueiro, Ana Gesto, Manu Lago, Paula Quintas, Sheyla Fariña, Edu Iglesias, Pilar Martínez, Mani.

DURATION__ 80 minutes

Fotografía: Román Sanín

TRO-
MSØ



SYNOPSIS

When a loved one leaves us, the void they leave behind fills us with a silence that sometimes we can never make disappear.

A silence that clings to the heart, dimming forever a part of its light.

Tromsø is a humorous reflection on loss — on life, death, and everything that lies between.

It's a song to sadness, but also to hope.

An epic journey through the northern seas, navigating storms, fjords, and vast shoals of herring, in search of a place to cast overboard the sorrow that feeds on the soul, letting it sink, once and for all, into the deep blue immensity.

A place where orcas, with their song, tear through the wild silence of the aurora borealis.

“The day I was born, someone I can't quite remember gave my mother a small plant — a thin-stemmed dracaena with long, narrow leaves already wilting. What they didn't know was that my destiny would end up inexorably tied to that damned withering dracaena that grew quietly in a corner of the living room. And that almost thirty years later it would drive me to drift, completely lost, across the polar circle.”

This is the starting point where he, looking back on his life, realizes how it was forever marked by that dracaena that grew unnoticed for twenty years beside the window, next to the sofa.

A birth gift that became his first deep encounter with death — and the first of many sorrows that, somehow, he would forever carry in his heart.

Now, overwhelmed by more grief and uncertainty than anyone could bear, he decides to set sail for Tromsø, navigating the icy waters of the Norwegian Sea in search of a place to rid himself of all that pain — hoping that, perhaps, at the end of the world, he and the dracaena that accompanies him might find the answers they've been searching for so long.



“TROMSØ’ by Morraoconto was, for me, the great surprise of Galicia Escena Pro. A new way of making and understanding theatre. The beauty of the live music, of the visual and graphic designs, of all the visual care, of the movement, of the dialogues... and all that beauty filled with almost absurd humour, with a clean warmth, and a restrained emotion. (...) But all of this doesn’t arise from interpreting something external or documented. This show doesn’t feel like research or representation — it feels like something that has been simmering slowly, and now bursts forth like a volcano. There is truth here, and a renewed theatrical aesthetic, without pretension. (...) A wonder!”

*Afonso Becerra, **Erregueté Nº109***

TRO-
MSØ

"The intimate Odyssey of Tromsø — the first production by Morraoconto — takes us to this northern Norwegian city, sailing between waves of poetry, humour, melancholy, music, and dance, in the company of orcas. It leads the audience to emotion through their own sense of loss."

ZigZag, TVG



The piece travels with the audience from Galicia to Scandinavia, making vital stops in Bergen, Lofoten, and Tromsø — each inviting reflection on diverse and intertwined themes such as the environment, personal evolution, the beauty of art, and the future we leave for those who come after us.

Transversally, it explores marine biodiversity in relation to the Galician coasts. In Galicia, many people live from and with the sea, making it the central axis of their lives and activities. The same happens in the north of Norway. Melting ice, as a consequence of global warming, and the problems caused by human interactions due to new migratory routes, affect both communities and society as a whole. It is a shared space where humans always end up gaining ground at the expense of its true inhabitants — those who, unlike us, lack the privilege of deciding over their resources and home.

Orcas are peaceful and extremely intelligent animals. Their bad reputation comes from a mistranslation of English: “Killer Whales”, when in fact they are whale killers — and from their distorted portrayal in cinema. The areas of their brain dedicated to empathy are much larger than those of humans. Scientific studies affirm that this species possesses a highly complex emotional and affective relational system, with family groups organized in matriarchal structures. Their communication changes and evolves constantly, varying between different families and regions, producing a great dialectal richness and diversity as a result.



TRO-
MSØ



TRO-
MSØ

TROMSØ was selected for the New Creation Grants funded by the Xunta de Galicia through AGADIC, receiving the second-highest artistic score among more than sixty submitted projects. It is a multidisciplinary show that merges **theatre, dance, visuals, masks, and live music.**



Fotografía: Rocío Cibes

TRO-
MSØ

TROMSØ was also one of the shows selected to participate in its full version at **Galicía Escena Pro 2025**, the Galician professional fair of performing arts





MULTIMEDIA

TEASER



YouTube

REVIEW: AFONSO BECERRA



PODCAST

INTERVIEW: LIDIA VEIGA



YouTube

REVIEW: IRIA SOBRADO



YouTube

TV FEATURE: ZIGZAG



YouTube

TRO-
MSØ



THE COMPANY

MORRAOCONTO is Rafa Martínez, Lara Pouso, and Miguel Gendre.

Born in the summer of 2021 in Santiago de Compostela, the company emerged when the team came together for a shared project for the USCénica Festival. It was created as a response to the need for an independent platform for artistic management, allowing the team to carry out diverse projects rooted in the performing arts, but branching into audiovisual creation, music, dance, dissemination, and education.

MORRAOCONTO seeks to bring added value to its stage productions, conceiving creative processes as spaces of collaboration with artists and professionals from various disciplines whom they invite to dive into their collective imagination.

Their work rests upon three fundamental pillars:

Creative Freedom – The freedom to share their collective concerns with audiences, exploring new proposals and always stepping beyond the comfort zone.

Experimentation – The creative process includes research as a vital component. Even with time constraints, they strive to reserve periods dedicated solely to exploration.

Social Awareness – Theatre and dance serve as mirrors that reflect the society we live in. The social issues that affect us also inhabit our creations.



CO-DIRECTION TEXT & DRAMATURGY



Rafa Martínez

Director, writer, graphic designer, illustrator, and videographer.

Educated at the Antonio Failde School of Art and Design (Ourense, Galicia) and self-taught thereafter. He trained in virtual community management, digital marketing, and community management. Also a Senior Technician in Diagnostic Imaging and Nuclear Medicine, he combines his healthcare work with creative and stage direction.

Since 2021, he has worked for his own company, morraoconto, and as a designer, photographer, and videographer for festivals such as: USCénica (organized by the University of Santiago de Compostela), Plataforma Festival, Festival 6Coreógrafas, and for companies such as Funboa Escénica, VACABURRA, and Aula de Teatro of the USC, as well as artists and performers like Ana Gesto, Miguel Gendre, and companies such as FINSA.

In 2026, *Erregueté*, a Galician theater magazine, will publish his first text, TROMSØ, in its dramaturgy collection.

www.morraoconto.com

CO-DIRECTION CHOREOGRAPHIC AND MOVEMENT DIRECTION



Esther Latorre

Born in Galicia, she graduated in Contemporary Dance from the Professional Conservatory of Dance of Lugo, belonging to the first generation of contemporary dance professionals in Galicia. She also holds a Degree in Physical Education Teaching from the same city. She was awarded the Excellence Prize for Contemporary Dance Performance. Since then, she has worked with companies in Spain and Portugal, notably with Maduixa Teatre as performer in *Mulier*, a piece that received:

- the MAX Award for Best Street Performance,
- the Moritz Award for Best Street Debut (2016),
- the Umore Azoka Award (Basque Country, 2017),
- and the Valencian Performing Arts Award (IVC, 2018).

She has also collaborated on several co-productions with the Galician Choreographic Center. Latorre was the first prize winner at the Delmar Choreographic Contest (Valencia), Best Contemporary Dance Performer at the 11th Gerard Collins Contest, and received a scholarship at the Anton Bruckner Privatuniversität für Musik, Tanz und Schauspiel in Linz, Austria. She was also granted the DanceWEB Scholarship at Vienna's ImPulsTanz Festival, during the 35th Madrid Choreographic Competition.

She co-directs the *Atopémonos Bailando* artistic and research residencies in Lugo and the *Cartografía en Movimiento* festival, also in Lugo. In 2025, she was choreographer and dancer for the *Mestre Mateo Cinema Awards* in Lalín, Pontevedra.

www.colectivoglovo.com



Lara Pouso

GA graduate in Education, she trained at the USC Theatre Workshop, performing in: *Cinzas* (2015), *Cousas que trouxo a chuva* (2016), *Pasar por Nida* (2017), and *A muller que tiña medo e marchou vivir ao Carrefour* (2018). She also performed in *Historia do Cardenio* and *Cabaré Salomé* by GN Teatro, winning first prize at Xuventude Crea 2016.

In 2018, she starred in the short film *Peixes Voadores* by P. Torregrosa.

In 2023, she appeared in the film *Os Amantes de Abrente* (TVG), and in 2024 she took part in the Spanish National Lottery Christmas ad as a reporter.

Currently, she works with Títeres Cachirulo, Nauta Teatro, and her own company, morraconto.

www.larapouso.com



Miguel Gendre

A graduate in Social Education, trained in theatre and dance at USC under Roberto Salgueiro and Amparo Novas, and through intensives with professionals such as Sharon Fridman, Lucas Condró, La Macana, Iker Gómez, Lali Ayguadé, Vero Cendoya, Lisard Tranis, Joel Beddows, Vicente Fuentes, and Ana Vallés.

He has performed in *Agamenón*, *Apnea*, *A Historia de Sweeney Todd*, *Cinzas*, *Dystopia*, *Cabaré Salomé*, and *Os Actos e as Profecías* (Galician Dramatic Center).

Recently, he received the “Atopémonos Bailando” Artistic Residency with the project *Vesperi Lux* (with Juanma Lodo).

In film, he starred in short films directed by Ghaleb Jaber and Jorge Guimerá, appears in *Marilyn* (in post-production, VegayRôel Producciones), and collaborated on music videos for A Banda da Loba, Tanxugueiras, Davide Salvado, Som do Galpón, and Gaëlo.

www.miguelgendre.com



Lidia Veiga

Graduated from ESAD Galicia (Gestural Acting specialty). She has worked in television (*Santo's Law*, *Criminal method* — TVG) and in more than fifteen short films, earning several awards for Best Female Performance at national and international festivals. Her recent work includes: *The Argonauts and the golden coin* (children's series, Portocabo-RTVE-ClanTV), *Matria* by Álvaro Gago, *El Tirabeque* by Darío Aufrán, *When I Touch an Animal* by Ángel Filgueira — her first leading film role which earned her a Mestre Mateo Award nomination; *Romería*, by Carla Simón or *Something new to tell*, by Paula Pereira. In 2023, she appeared in *Un hotel de primeira sobre o río* (Galician Dramatic Center) and was nominated for the María Casares Awards as Best Supporting Actress. She has just begun touring across Spain with *IRIBARNE*, co-produced by ButacaZero and the National Drama Center, after a full month of performances in Sala Valle-Inclán (Madrid). *IRIBARNE* won 9 María Casares Theatre Awards in 2025.

She is now a MAX Award nominee for Best Female Performance, and in 2025, she won the María Casares Award for Best Leading Actress for *IRIBARNE*.

ON STAGE



Julia Ammerman

Holds a PhD in Law (cum laude) from the University of Santiago de Compostela (USC). She is a Professional Graduate in Piano (Santiago Conservatory) and Organ (Ourense Conservatory). As organist in the USC University Orchestra, she has performed works such as Bach's Magnificat, Vivaldi's Gloria, and the musical Sweeney Todd. As pianist, she performed in Cinzas, Cousas que trouxo a chuva, and Cabaré Salomé, touring through Galicia, Andalusia, Lithuania, and Portugal, and in numerous concerts across Santiago, Ourense, and León.

She has received numerous awards, including Xuventude Crea 2016, Best Show (Cousas que trouxo a chuva) in Lithuania, and the Jury Prize at the MITEU Festival (Ourense). She was also a BBVA Leonardo Grant recipient (2022–2024) for her project Marginal Artists: Legal Proposals for an Overlooked Collective.



Lucía Iglesias



Began her musical studies under Luis Caballero in her hometown, then continued at the Superior Conservatory of Music of A Coruña, where she still studies. She complements her training with Raúl Mirás, and has attended masterclasses with David Cruz, Fernando Arias, Ángel Luis Quintana, among others. She has collaborated with orchestras such as Gaos and EAEM, and is part of the Alto Minho Youth Orchestra.



DESEÑO DE ESCENOGRAFÍA E ILUMINACIÓN

José Faro "Coti"

Scenography and lighting designer dedicated to the performing arts since 2015. He works with various Galician companies and producers, providing both visual and technical support, covering a wide range of formats in theatre and music.

In recent years, his work has earned him five María Casares Award nominations in the categories of Best Scenography and Best Lighting Design. He has designed for large-scale national shows such as Fariña. In 2021, he founded a laboratory for performing and performance arts, aimed at deepening the relationship between creator and work through the research and development of applied techniques and technologies. In 2024, he was responsible for the scenography of Os Actos e as Profecías (Galician Dramatic Center), as well as its lighting, co-signed with Iván Casal.

www.nononon.es



TROMSØ, Rafa Martínez's first text, will be published by [Erregueté, Revista Galega de Teatro](#) in January 2026 in its dramaturgy collection



TRO-
MSØ





TRO-
MSØ

DISTRIBUCIÓN GALICIA

Miguel Gendre 679 453 776

CONTACT

-  www.morraoconto.com
-  [@ciamorraoconto](https://www.instagram.com/ciamorraoconto)
-  facebook.com/morraoconto
-  ciamorraoconto@gmail.com

SUPPORT



COLLABORATION

